

**Course Title:** Primary Gymnastics in the P.E. Curriculum - Basics

**Course reference:** PE03

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**Where and when:** Wednesday 3<sup>rd</sup> November 2010  
1.00-3.00pm  
Stamford Park Junior School, Cedar Road, Hale, WA15 9JB.

**Tutor:** Natalie Smith/Claire Morgan

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**Course content:**

This practical-based training will include Gymnastics extension activities for those more able children or those teachers who have already attended TOP Gymnastics training in previous years, such as:

Balancing extension - including handstands and headstands; bench work; an introduction to rhythmic gymnastics - hoops and ropes

It is intended that the following Professional Standards for Teachers will be accommodated through this training: QTS – Q14, Q22 & Core: C15.

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**Aims and objectives:**

- To understand how to teach more advance gymnastic skills (based on the content listed above)
  - To increase confidence and knowledge in teaching gymnastics
  - To introduce the discipline of rhythmic gymnastics and different ideas using hoops and ropes
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**Who should attend:** Primary teachers, or teaching assistants, who are confident teaching/ supporting basic gymnastics, and who want to expand their knowledge; or teachers who have already attended the Primary TOPs Gymnastics training.

**Organised by:** Trafford LDA – K. Greenhalgh

**Number of places:** 20

**Cost:** £25.00 per delegate for full or part-time teachers working in a Trafford SSP school. £50.00 per delegate for external teachers.

**To book:** Apply to Trafford CPD Unit via email: [cpd.bookings@trafford.gov.uk](mailto:cpd.bookings@trafford.gov.uk) or online at [www.traffordlearning.org](http://www.traffordlearning.org).

Please provide full name, job title/role, contact tel. no., email address, and name and address of school / organisation.